From: Sent: Jeri Jefferys [jeri\_j@bellsouth net] Wednesday, February 19, 2003 2:26 PM

To: Subject: 'Messick, Terese (NBC, WNCN)' RE NBC17 Health and Fitness Festival

Hi Terese,

It was a nice event. We did 6 syphilis screenings.

Great that it was free! Not great that parking was \$5 00!

Great veggie burgers at the concession stand

Not great that the instruction manual was difficult to navigate (e.g. too big, pages not numbered) and guidelines too strict and intimidating (e.g. charges for pulling up to loading dock, can only enter building once for set up).

Thanks for letting us participate

Jeri Jefferys Women's Center of Wake County 919.829.3711 ext.111

-----Original Message-----

From Messick, Terese (NBC, WNCN) [mailto:Terese Messick@nbc.com]

Sent Wednesday, February 12, 2003 5:18 PM

To: 'slcameron@aarp org'; 'agfam@bellsouth.net', 'rbhan@alznc org';

'cgary@diabetes.org'; 'aellis@lungnc.org'; 'mitchells@trianglearc.org',

'ahıll@arthrıtıs org', 'jalberg@ncbegın.org';

'brad.davis@ymcatriangle.org'; 'jde@ymh com', 'rick@bti edu';

'aanthony@wakebgc org'; 'laura\_crumpler@msn com';

'marti mattox@ncmail net', 'jcavadı@nc.easter-seals org';

'melanie@elpueblo.org'; 'JLM110@aol.com',

'tori.d williams@accenture.com'; 'bsansbury@hospiceofwake.org';

'lhinteract@yahoo com'; 'triangle@jdrf.org';

'pittardj@nc leukemia-lymphoma.org', 'morgarts@aol.com',

'sfultonsmith@mail.jus.state nc.us'; 'kdelaney@nkfnc org';

'abby.carter@nct nmss.org'; 'ylyeung@ncatp org';

'rce12@doc state no us'; 'Carol Schriber@ncmail.net';

'kristen.rice@ncsports.org'; 'ncolsbridges@aol.com', 'NCPTAHQ1@aol.com';

'rmhjohnson@hotmail.com', 'lpezzull@pinesofcarolina org',

'kgarrity@pbnc org', 'Nicole Beckwith@co wake nc us';

'2jparker@bellsouth.net', 'bjbrown1960@aol com',

'Keith Jenkins@ci raleigh nc.us'; 'belmore@intrex net';

'steve white@ci.raleigh.nc us', 'staceym@rfsnc org',

From:

Casey, Bill [Bill Casey@YMCATriangle org]

Sent: To:

Friday, February 14, 2003 9 25 AM Messick, Terese (NBC, WNCN)

Subject:

RE NBC17 Health and Fitness Festival

#### Terese:

The YMCA of the Triangle offered both Body Composition and Blood Pressure Testing at our booth this past weekend. We provided 300 Body Composition and 220 Blood Pressure tests at the NBC 17 Health and Fitness Festival last weekend.

This was a wonderful event and we are very pleased to have been a part of this Festival. Your staff, the facility, and organization of the event to top flight and made the Festival a great experience for the sponsors and event goers alike.

#### Peace

Bill Case

Director of Fitness Programming

A E. Fmley YMCA

----Original Message----

From. Messick, Terese (NBC, WNCN) [mailto:Terese.Messick@nbc.com]

Sent: Wednesday, February 12, 2003 5.18 PM

To: 'slcameron@aarp org'; 'agfam@bellsouth net'; 'rbhan@alznc.org', 'cgary@diabetes.org'; 'aellis@lungnc.org', 'mitchells@trianglearc.org'; 'ahill@arthritis.org'; 'jalberg@ncbegin org'; Davis, Brad; 'jde@ymh.com', 'rick@bti edu'; 'aanthony@wakebgc.org'; 'laura\_crumpler@msn.com'; 'marti mattox@ncmail.net'; 'jcavadi@nc.easter-seals.org'; 'melanie@elpueblo.org'; 'JLM110@aol.com'; 'torn.d.williams@accenture.com'; 'bsansbury@hospiceofwake org', 'lhinteract@yahoo.com'; 'triangle@jdrf org'; 'pittardj@nc.leukemia-lymphoma.org', 'morgarts@aol.com'; 'sfultonsmith@mail.jus.state.nc us';

kdelaney@nkfnc.org'; 'abby carter@nct.nmss.org'; 'ylyeung@ncatp org', 'rce12@doc.state.nc.us',

'Carol.Schriber@nemail.net'; 'kristen.rice@nesports.org'; 'neolsbridges@aol.com'; 'NCPTAHQ1@aol.com'; 'rmhjohnson@hotmail.com'; 'lpezzull@pinesofearolina.org'; 'kgarrity@pbne.org';

'Nicole.Beckwith@co.wake.nc.us'; '2jparker@bellsouth.net'; 'bjbrown1960@aol.com';

'Keith. Jenkins@ci.raleigh.nc us', 'belmore@intrex.net'; 'steve.white@ci.raleigh.nc.us', 'staceym@rfsnc.org';

'ESand52610@aol.com'; 'bdavis@intrex.net'; 'paspears@nc.rr.com'; 'dreese@urbanmin.org';

'Laurasgw@nc rr.com'; 'jcori@tourdefriends.com'; 'dlebold@tfsnc.org'; 'preid@ucpnc.org';

'stephensonp@ufcnc org'; 'amy\_rix@med.unc.edu'; 'sbrown@co wake.nc.us'; 'bposton@wcpss net'; 'phyliss stephens@co wake nc.us'; 'kmoser@waketeen.org', 'jeri\_j@bellsouth net'; Casey, Bill, 'cks27511

@aol com' Subject

NBC17 Health and Fitness Festival

I would like to thank all of you for participating in our NBC17 Health and Fitness Festival! We were thrilled to see over 22,000 people come through our Festival doors for our first festival and we owe a large portion of that to all of you!

From: Glen Newman [GNewman@PCMH COM]
Sent: Thursday, February 13, 2003 9:44 AM
To: Messick, Terese (NBC, WNCN)

Cc: NCPTAHQ1@aol com

Subject: Re NBC17 Health and Fitness Festival

The North Carolina Physical Therapy Association (NCPTA) performed approximately 50 "Balance & Falls Screens" which incorporates posture, flexibility, foot ankle control and general mobility. In addition we answered many questions about educational opportunities, how physical therapy can be accessed in the community, and the NCPTA in general.

The feedback from the visitors and other exhibitors that we received was all favorable. Please let us know if this will be duplicated next year and we would be happy to participate with a more elaborate display. A few items that would have been helpful as an exhibitor were information on set up/break down, parking, loading, refreshment availability, and electricity at the booth prior to the event

Congratulations on the first successful Health & Fitness Festival in Raleigh, many happy returns.

Glen Newman NCPTA Director at Large for Membership

I would like to thank all of you for participating in our NBC17 Health and

Fitness Festival! We were thrilled to see over 22,000 people come through

our Festival doors for our first festival and we owe a large portion of that

to all of you!

At this time, we're tallying the number of screenings and tests that were

given at our event! Please drop us a line and give us a brief outline of

the events that took place at your assigned area and any encouragement or

advice that you think would help improve next year's show

From: Jan Parker [2]parker@bellsouth net] Sent: Wednesday, February 12, 2003 9 24 PM To: Messick, Terese (NBC, WNCN) Subject: Re NBC17 Health and Fitness Festival

Thank you for allowing us to participate. We certainly feel that our exhibit was a sucess also. . We had hundreds of questionsabout the proper use of child restraints and we also gave away hundreds of bath water thermometers that will hopefully reduce the number of accidental hot water scald burns that we know are very common- Our exhibit included info on home fire safety and smoke alarms, carbon monoxide alarms and also a display that demonstrated flame retardant sleepwear. / glad that we were able to be a part of your festival - we look forward to next year and I will put it on our calendar!

---- Original Message -----

From: Messick, Terese (NBC, WNCN) < Terese. Messick@nbc com> To <slcameron@aarp.org>; <agfam@bellsouth.net>; <rbhan@alznc.org>; <cgary@diabetes.org>, <aellis@lungnc.org>; <mitchells@trianglearc.org>; <a hriberthritis.org>, <jde@ymh com>; <rick@hti edu>; <aanthony@wakebgc org>, <laura\_crumpler@msn.com>; <marti.mattox@ncmail.net>; <icavadi@nc.easter-seals.org>; <melanie@elpueblo.org>; <[LM110@aol.com>; <tori.d.williams@accenture com>; <bsansbury@hospiceofwake.org>; <lhinteract@yahoo.com>; <triangle@jdrf.org>; <pittardj@nc.leukemia-lymphoma.org>; <morgarts@aol com>; <sfultonsmith@mail.jus.state.nc.us>; <kdelaney@nkfnc.org>; <abby.carter@nct.nmss.org>; <ylyeung@ncatp.org>; <rce12@doc.state.nc.us>; <Carol Schriber@ncmail net>, <kristen.rice@ncsports.org>, <ncolsbridges@aol.com>, <NCPTAHQ1@aol.com>; <rmhjohnson@hotmail.co</pre> Sent: Wednesday, February 12, 2003 5:17 PM Subject. NBC17 Health and Fitness Festival

- > I would like to thank all of you for participating in our NBC17 Health and > Fitness Festival! We were thrilled to see over 22,000 people come through
- > our Festival doors for our first festival and we owe a large portion of that
- > to all of vou!

>

> At this time, we're tallying the number of screenings and tests that were > given at our event! Please drop us a line and give us a brief outline of

- > the events that took place at your assigned area and any encouragement or
- > advice that you think would help improve next year's show.
- > The 2nd Annual Health and Fitness Festival is taking place February 7-8, > 2004! We'll see you there!

From: Sent: Jennifer Eatman [JDE@ymh com] Thursday, February 13, 2003 6 58 AM Messick, Terese (NBC, WNCN)

To: Subject:

RE NBC17 Health and Fitness Festival

The show was great. The networking aspect of it was incredible and will ultimately lead to many pluses for the public when related sources team up. As a new business, it was just invaluable to us and we want to thank you for allowing us to participate

We screened about nine folks, talked to many more. We agreed to go to Duke to screen their cancer survivors in one of their groups. They actually read about us on your web site and sent someone to talk to us.

It was an all around positive experience for us. I do think it would have been helpful to have more fitness people there. I know they were blocked out because of Capital Fitness and we have a lot of people come talk to us just about personal training outside of cancer survivors so there obviously was a need that was otherwise being filled for that venue.

I hate that I did not get to walk around and experience the show myself more but am glad we were so busy that we could not.

----Original Message----From Messick, Terese (NBC, WNCN) [mailto:Terese.Messick@nbc com] Sent Wednesday, February 12, 2003 5:18 PM To 'slcameron@aarp.org'; 'agfam@bellsouth.net'; 'rbhan@alznc.org'; 'cgary@diabetes.org'; 'aellis@lungnc org'; 'mitchells@trianglearc.org'; 'ahıll@arthrıtıs org'; 'jalberg@ncbegın.org', 'brad davis@ymcatriangle.org', 'jde@ymh.com', 'rick@bti.edu'; 'aanthony@wakebgc org'; 'laura\_crumpler@msn.com'; 'marti.mattox@ncmail.net'; 'jcavadı@nc.easter-seals.org'; 'melanıe@elpueblo.org'; 'JLM110@aol com'; 'tori d.willıams@accenture.com'; 'bsansbury@hospiceofwake.org', 'lhinteract@yahoo.com'; 'triangle@jdrt.org'; 'pittardj@nc leukemia-lymphoma org'; 'morgarts@aol.com'; 'abby carter@nct nmss org', 'ylyeung@ncatp.org'; 'rce12@doc.state.nc.us'; 'Carol.Schriber@ncmail.net'; 'kristen rice@ncsports.org'; 'ncolsbridges@aol.com'; 'NCPTAHQ1@aol.com'; 'rmhjohnson@hotmail.com'; 'lpevzull@pinesofcarolina.org', 'kgarrity@pbnc org', 'Nicole Beckwith@co wake.nc us', '2parker@bellsouth net': 'bjbrown1960@aol.com'; 'Keith Jenkins@ci raleigh nc us'; 'belmore@intrex.net'; 

From: Katie Horstmann [katie horstmann@aas-c org]

Sent Thursday, February 13, 2003 11 46 AM

To: Messick, Terese (NBC, WNCN)

Cc: Bill Brent, Nancy Daniel, Janice Cori

Subject: NBC17 Health and Fitness Festival Ovreview

Hi, Terese I met you on Sunday during "my weathercast" I haven't seen it on the 6 00 news yet Sorry, I thought you mihgt like a god laugh

I wanted to tell you first Congratulations on such a wonderful and successful event. I'm sure everyone who attended not only learned a lot, but had a great time. I know at our booth we had fun working.

I would say we had over 500 people stop and actually talk with us. We also filled out 64 Requests for Information cards. We were extremely pleased with this

We were in booth 813. It was a great location! It was a end corner booth

We had a vcr/tv combo going with the Tour de Friends tape, all of our Tour de Friends printed materials, our agency's printed materials and a tri-fold about Tour de Friends set out on the table. We also gave out water with a label advertising Tour de Friends. Our last "personal" touch was a bike attached to a trainer. We allowed participants to get on the bike to ride see what it is like and have their picture taken, if they would like.

It was a great festival and I really hope you decide to do it again.

Thanks and take care

Katie O'Neal Horstmann Alliance of AIDS Services Carolina 919-834-2437 x13

Register for Tour de Friends today at www TourdeFriends com

From:

Kris Garrity [kgarrity@pbnc org]

Sent:

Thursday, February 13, 2003 11 36 AM

To:

Messick, Terese (NBC, WNCN)

Subject:

RE NBC17 Health and Fitness Festival

PBNC screened 445 people (393 adults and 52 children). 75 people (70 adults and 5 children) were referred for vision problems. 4 adults and 2 children who were referred will be receiving financial aid for their vision care

Kris Garrity Program Director Prevent Blindness NC (919)571-1014

----Original Message----From Messick, Terese (NBC, WNCN) [mailto·Terese Messick@nbc.com] Sent Wednesday, February 12, 2003 5 18 PM To: 'slcameron@aarp.org', 'agfam@bellsouth net'; 'rbhan@alznc.org'; 'cgary@diabetes.org'; 'aellis@lungnc.org'; 'mitchells@trianglearc.org'; 'ahıll@arthritis org', 'jalberg@ncbegin org', 'brad.davis@ymcatrıangle.org'; 'jde@ymh.com', 'rick@bti.edu', 'aanthony@wakebgc.org', 'laura\_crumpler@msn.com', 'marti mattox@ncmail net'; 'jcavadı@nc easter-seals org', 'melanie@elpueblo org'; 'JLM110@aol.com'; 'tori.d wılliams@accenture.com', 'bsansbury@hospiceofwake org'; 'lhınteract@yahoo.com', 'triangle@jdrf.org', 'pittardj@nc leukemia-lymphoma org'; 'morgarts@aol com'; 'sfultonsmith@mail.jus.state ne us', 'kdelaney@nkfne org'; 'abby carter@nct.nmss org', 'ylyeung@ncatp org'; 'rce12@doc.state.nc us'; 'Carol.Schriber@ncmail.net', 'kristen.rice@ncsports.org'; 'ncolsbridges@aol.com', 'NCPTAHQ1@aol.com'; 'rmhjohnson@hotmail.com', 'lpezzull@pinesofcarolma.org'; 'kgarrity@pbnc org', 'Nicole.Beckwith@co wake nc.us', '2jparker@bellsouth.net'; 'bjbrown1960@aol com'; 'Keith.Jenkins@ci.raleigh.nc.us', 'belmore@intrex.net'; 'steve.white@ci.raleigh.nc us', 'staceym@rfsnc.org'; 'ESand52610@aol.com', 'bdavis@intrex.net', 'paspears@nc rr.com', 'dreese@urbanmın org'; 'Laurasgw@nc.rr com', 'jcori@tourdefriends.com'; 'dlebold@tfsnc.org'; 'preid@ucpnc.org'; 'stephensonp@ufcnc.org'; 'amy\_rix@med unc edu', 'sbrown@co wake nc us', 'bposton@wcpss net', 'phyliss stephens@co wake nc.us', 'kmoser@waketeen.org'; 'eks27511@aol com' Subject: NBC17 Health and Fitness Festival

From: Sent: Laura Hilton [lhinteract@yahoo com] Thursday, February 13, 2003 1 03 PM Messick, Terese (NBC, WNCN)

To: Subject:

Re NBC17 Health and Fitness Festival

Hı Terese,

On behalf of Interact of Wake County, victims and survivors of domestic violence and rape/sexual assault, I would like to THANK YOU AND NBC-17 for the opportunity to participate in your Health and Fitness Festival. Over the two-day period we were able speak one-on-one with at least 400 people about the services we provide and at least 18 received counseling/support after disclosing that they were victims of domestic violence or rape/sexual assault. Our volunteers provided over 900 minutes of massage -- (180 people received 5-minute massages). This was a great success!! We look forward to participating in Health & Fitness Fair 2004 Laura Hilton

- --- "Messick, Terese (NBC, WNCN)"
- <Terese.Messick@nbc.com> wrote
- > I would like to thank all of you for participating
- > in our NBC17 Health and
- > Fitness Festival! We were thrilled to see over
- > 22,000 people come through
- > our Festival doors for our first festival and we owe
- > a large portion of that
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- > At this time, we're tallying the number of
- > screenings and tests that were
- > given at our event! Please drop us a line and give
- > us a brief outline of
- > the events that took place at your assigned area and
- > any encouragement or
- > advice that you think would help improve next year's
- > show

>

>

- > The 2nd Annual Health and Fitness Festival is taking
- > place February 7-8,
- > 2004! We'll see you there!
- > Terese Messick
- > Special Projects Manager
- > NBC17
- > 919-835-6226

From: Sent: Liz Pezzullo [LPezzull@pinesofcarolina org] Thursday, February 13, 2003 12 11 PM

To:

Messick, Terese (NBC, WNCN)

Subject:

RE NBC17 Health and Fitness Festival

Hi Terese,

Pines of Carolina Girl Scout Council, Inc did not offer any types of screenings or tests during the Health Fitness Festival. We offered information about what programs we offer for girls ages 5 - 17.

As far as an event, I felt it was run very well. There were plenty of opportunities for attendees to participate as well as, finding out about all types of health issues.

Thank you for including the Girl Scouts,

Liz

Liz Pezzullo Director Younger Girl Program Pines of Carolina Girl Scout Council, Inc. 919-782-3021 or 1-800-284-4475 ext 3306

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----Original Message----
From: Messick, Terese (NBC, WNCN) [mailto:Terese Messick@nbc.com]
Sent Wednesday, February 12, 2003 5·18 PM
To: 'slcameron@aarp.org'; 'agfam@bellsouth.net'; 'rbhan@alznc.org';
'cgary@diabetes.org'; 'aellis@lungnc.org'; 'mitchells@trianglearc.org';
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'bjbrown1960@aol com'; 'Keith.Jenkins@ci.raleigh nc us',
'belmore@mtrex net', 'steve white@cr raleigh.nc.us';
'staceym@rfsnc org', 'ESand52610@aol.com'; 'bdavis@mtrex net';
```

From:

Becky Sansbury [bsansbury@hospiceofwake org]

Sent:

Thursday, February 13, 2003 11 27 AM

To: Subject<sup>1</sup> Messick, Terese (NBC, WNCN) Health & Fitness Festival Response

Dear Ms Messick,

We were delighted to participate in the 2003 Festival Our booth utilized a large spin wheel, giving participants the opportunity to play "The Game of Life. By Choice or by Chance". Contestants received the chance to pick a game card based on the spin of the wheel Each card described one possibility in the course of sickness or end of life which could be addressed ahead of time, or left to chance. Our spokespersons provided the participants with copies of the Healthcare Power of Attorney, the Living Will, information regarding the NC Advance Directives Registry, and a brochure explaining the process of preparing the documents and of engaging in significant conversations with family and friends. We also offered a Sunday afternoon forum with a more in-depth look at the same topic

We talked with many individuals, particularly parents of young children, who had an awareness of the subject, but had never "done anything about it". Participants were eager for information, accepting the literature, asking questions, and thanking us for addressing an important topic.

We thank Channel 17 for the privilege of participating in this event Because you provided us the booth at no cost, we were able to provide literature and a game to play. As a non-profit who utilizes 86 cents of every dollar we receive for patient care, our "advertising funds" are more than limited, however, you provided us the chance to raise community awareness and potentially improve end of life situations for many people.

Thank you for creating a stellar event. We wish you well as you prepare for 2004 and hope to be included in your invitation list.

Sincerely, Becky Sansbury Community Liaison Hospice of Wake County 1300 St. Mary's St., 4th Fl Raleigh, NC 27605 (919)828-0890 www.hospiceofwake.org

From: Sent:

April Anthony [aanthony@wakebgc org] Thursday, February 13, 2003 12:59 PM

To:

Messick, Terese (NBC, WNCN)

Subject:

Re: NBC17 Health and Fitness Festival

We felt is was very beneficial to our organization as we recruited several volunteers and got our name out. Many parents stopped by to tell us how the Boys & Girls Clubs helped their children. We collected names through our raffle and liked being close to Courage as we are partners as well as next to Big Brothers - Big Sisters as we partner with them as well. Next year, we will try again for a bigger sponsor to have a bigger presence.

## April

April D Anthony Vice President of Resource Development Boys & Girls Clubs P 919/834-6282 F 919/821-2625 E AAnthony@wakebgc.org www.wakebgc.org ---- Original Message ----From· "Messick, Terese (NBC, WNCN)" < Terese. Messick@nbc.com> To. <slcameron@aarp.org>; <agfam@bellsouth.net>; <rbhan@alznc.org>; <cgary@diabetes.org>, <aellis@lungnc org>; <mitchells@trianglearc org>; <ahill@arthritis.org>, <jalberg@ncbegin org>, <brad.davis@ymcatriangle.org>; <jde@ymh com>, <rick@bti.edu>; <aanthony@wakebgc.org>, <laura\_crumpler@msn com>; <marti.mattox@ncmail net>; <jcavadi@nc.easter-seals.org>; <melanie@elpueblo org>; <JLM110@aol com>· <torn.d.williams@accenture.com>; <bsansbury@hospiceofwake.org>; <lhinteract@yahoo com>; <triangle@jdrf org>; <puttardj@nc.leukemia-lymphoma.org>; <morgarts@aol.com>; <sfultonsmith@mail.jus.state.nc.us>; <kdelaney@nkfnc.org>; <abby carter@nct.nmss org>; <ylyeung@ncatp.org>; <rce12@doc.state nc us>; <Carol.Schriber@ncmail.net>; <kristen.rice@ncsports.org>; <ncolsbridges@aol.com>; <NCPTAHQ1@aol.com>; <rmhjohnson@hotmail.com>; <lpezzull@pmesofcarolina.org>; <kgarrity@pbnc.org>, <Nicole Beckwith@co.wake nc.us>; <2jparker@bellsouth.net>; <bjbrown1960@aol com>; <Keith Jenkins@ci raleigh.nc us>; <belmore@intrex.net>; <steve.white@ci.raleigh nc.us>; <staceym@rfsnc.org>; <ESand52610@aol.com>; <bdavis@mtrex net>; <paspears@nc rr.com>; <dreese@urhanmin.org>; <Laurasgw@nc rr.com>, <jcon@tourdefriends.com>; <dlebold@tfsnc org>, , corg>; <stephensonp@ufcnc org>; <amy\_rix@med unc.edu>, <sbrown@co.wake.nc.us>, <bposton@wcpss net>; <phyliss stephens@co wake.nc us>, <kmoser@waketeen org>, <|eri\_|@bellsouth net>; <Bill Casey@ymcatriangle org>, <cks27511@aol.com> Sent. Wednesday, February 12, 2003 5.17 PM

From: Allison Stroud [StroudA@trianglearc.org]
Sent: Thursday, February 13, 2003 11 30 AM

To: Messick, Terese (NBC, WNCN)

Subject: Re NBC17 Health and Fitness Festival

Hi Terese,

We thought the festival went great! Just to recap, our booth included:

\*blood mobile - collected 95 units during the 2 day event

\*CPR demonstrations

\*Disaster Preparedness Information

\*Health & Safety course information

The only suggestion that we had for improvement was possibly moving the forum room to a more accessible area. If it were downstairs around all of the other activities, it might bring in more people as they passed by.

The event seemed very successful and we were glad to be involved! Thank you!

Allison Stroud Marketing Communications Coordinator American Red Cross -- Triangle Area Chapter 100 Peartree Lane Raleigh, NC 27610 919-231-1602, ext. 436 www trianglearc org

>>> "Messick, Terese (NBC, WNCN)" <Terese.Messick@nbc.com> 02/12 5.17 PM >>> I would like to thank all of you for participating in our NBC17 Health and Fitness Festival! We were thrilled to see over 22,000 people come through our Festival doors for our first festival and we owe a large portion of that to all of you!

At this time, we're tallying the number of screenings and tests that were given at our event! Please drop us a line and give us a brief outline of the events that took place at your assigned area and any encouragement or advice that you think would help improve next year's show.

The 2nd Annual Health and Fitness Festival is taking place February 7-8, 2004! We'll see you there!

Terese Messick Special Projects Manager NBC17 919-835-6226

From:

Stephen Morgart [Stephen Morgart@ncmail net]

Sent: To: Friday, February 14, 2003 9 17 AM Messick, Terese (NBC, WNCN)

Subject:

NBC 17 Health Fair



Card for Stephen Morgart

I am president of MADD Wake Co and on behalf of our members we thank you for the opportunity to participate in the Health Fair and we would like to come back next year

We didn't have any type of screenings but we did hand out approximately 6,000 MADD ribbons, pencils, and brochures.

We also had a chance to talk to the public about MADD's mission of fighting underage drinking, and impaired driving.

Thank you for the opportunity,

Stephen Morgart President MADD Wake Co 919-715-6459

From: White, Steve [Steve White@ci raleigh.nc us]

Sent: Monday, February 17, 2003 3 54 PM

To: Messick, Terese (NBC, WNCN)

Cc: Jenkins, Keith

Subject: RE NBC17 Health and Fitness Festival

Terese,

Thanks for involving our Senior Adult Program and the Raleigh-Wake Senior Games in the expo. We made a lot of contacts with senior adults in attendance, and hopefully they will become involved in our programs in the future.

The only concern I have with this year's event was that our Senior Adult Program held two exhibition sessions on the Dance Stage, where we featured our low-impact seated exercise class that we teach for seniors. The time slots were 10:00am and 12.00noon on Sunday. There were virtually no spectators at 10:00am, and only a few at 12:00noon. I think that Sunday mornings are a tough time to get seniors to attend, or even the general audience, due to church services. We would love to do the demo again next year, but would like to hold it at another time slot if possible.

Thanks again for the opportunity to be a part of this successful event! Feel free to call me if we can be of assistance to you in the future.

Steve White, CPRP Recreation Program Supervisor II

Raleigh Parks and Recreation Department 2401 Wade Avenue Raleigh, NC 27607 (919) 831-6851 - phone (919) 831-6470 - fax www.raleigh-nc.org

----Original Message----

From Messick, Terese (NBC, WNCN) [mailto Terese Messick@nbc.com]

Sent Wednesday, February 12, 2003 5:18 PM

To. 'slcameron@aarp.org'; 'agfam@bellsouth.net'; 'rbhan@alznc.org',

'cgary@diabetes.org': 'aellis@lungnc org'; 'mitchells@trianglearc.org',

'ahıll@arthritis.org', 'jalberg@ncbegin org';

'brad.davis@ymcatriangle org'; 'jde@ymh.com', 'rick@bti edu',

'aanthony@wakebgc.org', 'laura\_crumpler@msn com',

'marti mattox@ncmail net', 'jcavadi@nc easter-seals org';



Someone to Stand by You

EASTERN NORTH CAROLINA CHAPITR

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51 North Carolina February 10, 2003

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Perquimans Person

PittRobeson Sampson

Scotland Tyrrell Vance

Wake Warren Washington

**И**аупе Wilson Mr. Michael Ward

President and General Manager Ms Sharon Delaney, Anchor

NBC 17

1205 Front Street Raleigh, NC 27609

Dear Ms Delaney and Mr Ward

What a successful weekend for Channel 17, the Health and Fitness Festival and for our Association! Thank you for inviting us and providing a booth to share information and counseling for people who are dealing with Alzheimer's disease and other dementias. We simply could not have afforded the cost to display and counsel without your assistance. If this is to be an annual event, it is my hope that you will include us again next year. We could have rotating and knowledgeable staff and volunteers for counseling at the booth, to include a neurologist, nurse, occupational therapist and social worker

We were amazed at the enthusiasm and participation of your staff with visitors and the ages of people in attendance Many health fairs in which we are invited to participate, cater to senior citizens who do not want to address the possibility of Alzheimer's disease--if they don't think, learn or talk about it, they won't have it Children of dementia patients (and possible patients) took the opportunity to visit, discuss issues with us and take materials for later reading and sharing with family members Three of us held counseling sessions during the two days and our development director, Rita Bhan, presented a stress management program for attendees at the Festival

An estimated 4-5 million Americans suffer from Alzheimer's disease, 132,000 of those in North Carolina. Less than 1 billion dollars is spent on research each year, yet Alzheimer's disease is costing our society more than 100 billion dollars annually-more than 60 billion attributed to business alone in lost employees, lack of production and medical costs attributable to caregiver illnesses. It doesn't take one long to realize that we are going in the hole fast. Your Health and Fitness Festival was a timely event with the "celebrity" and fun atmosphere opening minds to serious illnesses and solutions

From our staff and Board to yours, thank you for including us Together, we are making a difference. We look forward to working with you again

Sincerely,

Alice W Watkins Executive Director

AWW/jac





2/20/03

John Shannon NBC-17 1205 Front Street Raleigh, NC 27609

Dear John,

Thank you for your assistance in helping to promote the Blood Drive sponsored by the American Red Cross at the NBC-17 Health Fair. A BIG THANK YOU to you and for everyone's support and participation, especially those who took time out of their busy schedule to donate blood. The efforts of your organization are to be commended, and we are very appreciative to have worked with you

The results of your blood drive are listed below:

	2/8/03	2/9/03
Goal	25	25
Productive Units Collected	41	54
First Time Donors	9	11

The blood collected at your drive was turned into over 285 products that have gone to help save or sustain the lives of the sick and injured. It may have been a baby born with heart complications, a teenager in an automobile accident, a father undergoing chemotherapy treatment, or a grandmother having hip replacement surgery. Whatever the case may be, families in our area hospitals are grateful for your contribution to the blood program.

It was indeed a pleasure for us to visit NBC-17 Health Fair and we appreciate the support you have given us. We look forward to working with you again hopefully next year. Thanks for all you do!

Sincerely, A

Loretta Salter-Mills

Donor Recruitment Consultant



PO Box 10976 Raleigh, NC 27605 919 828 1140 TEL 919 828-6246 FAX

February 18, 2003

Mike Ward, President and General Manager NBC-17 1205 Front Street Raleigh, NC 27609

Dear Mike,

On behalf of the children and families served by YMCA Big Brothers Big Sisters, thanks for your strong support of our program.

The booth you provided for our program at the Health and Fitness Festival gave us an awesome opportunity to share our story with the public. We signed up several potential "Bigs" over the weekend. In addition, we had a great time talking with people from all walks of life about YMCA Big Brothers Big Sisters and the important work we do.

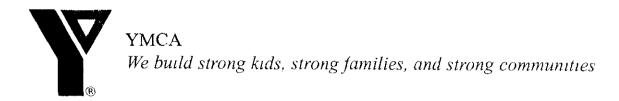
Our volunteers spend over three hours a week for at least a year with their "Little." As you read this letter, many of our matches are probably engaged in some activity, like playing basketball, reading a book, working on homework, or just hanging out. Though the activities may be simple, the time they spend together paves the way for a very bright future for that young person. Gifts from our community help make those things possible

Thanks again for helping us change lives

Sincerely,

Brad Davis

Director, YMCA Big Brothers Big Sisters



**Board of Management** 

September 30, 2003

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Classic Rock 92/1075 KZL

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192 East Lewis Street

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Jim Bryan

Marty Churney

Jerry Clapp

Dick Coe

Alan Duncan

George Elrod

John Fourqurean

John Graves

Rusty Hoffman

Gerald Hubbard

Stan Kowalewski

Anita Lewis

John Lewis

Tony Milikin

Darryl Rolandelli

Chris Scalici

Barry Smith

John Stratton

Ron Sydell

Thomas Waller

Tim Ward

Phil Warrick

Georgeanne Wynck

The Alex W Spears III Family YMCA would like to express its most sincere gratitude for your participation in its Autumn Extravaganza on September 27, 2003 Your involvement allowed for great positive family activity.

Terri Knight did a marvelous job preparing the ad for our Autumn Extravaganza, thank you! Without WKZL the Spears YMCA would have not gained over 90 new members on that day alone. We hope that in the future, more joint ventures will be possible. Thank you again for helping us to build strong kids, strong families, and strong communities.

Sincerely

lishia Dean

Aguatics Director

Fitness Director

Alex W Spears III Family YMCA

3216 Horse Pen Creek Road • Greensboro, NC 27410 336-387-9622 phone • 336-387-9620 fax



April 23, 2003

Dick Broadcasting Company One 92 E. Lewis Street Greensboro, NC 27406

Dear Parker Collins and the DBC family:

Thank you for all of your efforts in planning the Earth Day Celebration 2003. By identifying and securing prizes (Earth Fare bags, and Celebration Station and Greensboro Children's Museum tickets), promoting the event at the Summer Camp Craze, and supplying registration cards and ballot box, you helped to make this campaign a tremendous success!

We had more tours and calls about this promotion than previous attempts to draw people to FCR, Greensboro's Recycling Center!

- Over 150 people contacted me to get more information and arrange for a
- ☐ Employees from Stockhausen, Friends Homes West, RF Micro Devices, and other area businesses participated in the event!
- Over 500 people toured the recycling center as part of the Earth Day Celebration!
- Over 200 registration cards were completed for entry in the drawing!

Because of the Earth Day Celebration 2003, awareness of Greensboro's recycling program grew in virtually every area of this community. Thanks again for all of your hard work!

Sincerely,

Shannon Mapp

Environmental Program Specialist Environmental Services Department

City of Greensboro

Cc: Nancy Jimerson



## **Big Brothers Big Sisters** of the Central Piedmont

Wendy Rivers, Executive Directo wendy@highpointbbbs.orc

> 200 North Main Si PO Box 62 High Point, NC 2726

T 336 882 416 F 336 882 204 www.highpointbbbs.ori



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Shane Sture

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WorldCom

Dr Bliett Williams Carolina Anestnesiologi

A Branch of the High Point YMCA

January 22, 2003

Dick Broadcasting Co. Attn: Parker Collins One 92 E. Lewis Street Greensboro, NC 27406

Dear Parker:

I would like to thank you on behalf of Big Brothers Big Sisters and the 300 youth we serve each year. As you may know, we charge no fees for any of the services we provide for our youth. Through your generosity you help make it possible for us to continue our work in the community.

Again, thank you for supporting Big Brothers Big Sisters and our programs with a donation of \$75,000 in advertising time. You are helping shape the futures of our children. We really have noticed that the calls have picked up in the last few months. We hear the spots all the time and throughout the day and we appreciate it so much.

Sincerely,

JURY

Wendy Rivers **Executive Director** 

Please use this letter for tax purposes. Big Brothers Big Sisters of the High Point YMCA is a tax exempt 501©(3) agency (no. 56-05300114).

Thinks Parker. You guys have been a tremendon's asset to our worker recruitment! We appreciate it more than you can over know.



Little Moments, Big Magic



ROOM 101 • SMITH REYNOLDS AIRPORT • WINSTON-SALEM, N.C. 27105 336-767-6161 or 727-2200 fax 336-727-2200

June 28, 2002

Dear Ms McCarthy

We extend our sincere appreciation to you for your partial sponsorship of the first "Public Safety Day," which was conducted on June 15<sup>th</sup> at the Dixie Classic Fairgrounds in Winston-Salem, NC The Forsyth County Local Emergency Planning Committee is truly indebted to you for your support and air time, which helped us enormously in the carrying out of that task.

Over 30 agencies participated in the exhibition and without your contribution, we would have found it difficult to consider the project a success. As this was the initial effort in acquainting the county's citizens, under non-emergency conditions, with a representation of the resources available to them during emergencies and disasters and other essential emergency information, you may consider yourselves as being pioneers in an effort to assure the public's awareness and to make a great deal of useful information available to the citizens for future reference.

We value the relationship that has been established between you and our organization, and we eagerly look forward to a continued strong relationship in the years to come. Again, we sincerely appreciate your contribution and extend our best wishes in your future endeavors.

Sincerely,

Kirk Rife, Chairman

Forsyth County Local Emergency Planning Committee

Melton J. Sadler, Director

melion 9 8 adles

WS/FC Office of Emergency Management



WKZL 107 5 FM



## Guilford Middle School

march 1, 2002

Kimberly,
The Straff and Student's would I.Ke to thank WKRE/WKZL fon the Support you provided us during the JAM'S Deli/GMS Promotion.
The B452.00 to 50 to own GMS PTA four programs to support own students is wonderful. Thank you again for all your halp. June Pairiepal



# Celebrating 25 Years of Making a Big Difference in Forsyth Co. 1977-2002

February 4, 2002

Mr Parker Collins Account Manager Dick Broadcasting Co. One 92 E Lewis Street Greensboro, NC 27406

Dear Parker:

Happy New Year to you as well! And thank you for such great support of Big Brothers Big Sisters from WKKR Rock 92 and 107-5 WKZL. We greatly appreciate the public service announcements run on these stations. As you can imagine, a non-profit agency like ours could never afford to purchase the amount of advertising time you have donated

Last year Big Brothers Big Sisters Services in Winston-Salem served more than 600 children from single-parent families. Our programs include community-based matches, our school-based Big Buddy program, and activities for children on our waiting list. Our need for volunteers continues, so your donation of public service announcements really does make a difference to our agency, and ultimately, in the lives of children in our community.

Thank you for helping us make a Big Difference!

Sincerely,

Bert Grisard President/CEO

Bent





Wendy Rivers
Executive Director

#### HIGH POINT OFFICE

Holly Ferree
Program Director
Angie Bell
Kampus Kids
Regina Middlebrooks
Big Buddy
Shawan Gabriel
Kinder Buddy and
Big Brothers Big Sisters

819 North Main Street P. O. Box 627 High Point, NC 27261 (336) 882-4167 (336) 882-2043 Fax www.highpointbbbs.org

#### ASHEBORO OFFICE

Marva Underwood Program Director Joel Brown Case Manager

621 Franks Street
Asheboro, NC 27203
(336) 626-2441
(336) 626-2445 Fax
www.highpointbbbs.org

Big Brothers Big Sisters (Designed for Adults 18 & Over and a Minimum of 2 Hours per Week)

Big Buddy (Designed for High School Volunteers)

Kampus Kids (Designed for College Volunteers)

Kinder Buddy (Adults Work with Kindergarten Students in School)

Study Buddy (Tutor a Child During the Summer)

A Branch of the High Point YMCA



January 23, 2002

Dick Broadcasting Co. Parker Collins Account Manager One 92 E. Lewis St Greensboro, NC 27406

Dear Mr Clack

I would like to thank you on behalf of Big Brothers Big Sisters and the 300 youth we serve each year. As you may know, we charge no fees for any of the services we provide for our youth. Through your generosity you help make it possible for us to continue our work in the community.

Again, thank you for supporting Big Brothers Big Sisters and the donation of 1,000 public service announcement at a cost of \$75,000 to support our Big Brothers Big Sisters Programs. We matched an additional 55 volunteers with children on the waiting list in 2001 We hope you have a wonderful year If there is anything we can do for you, please don't hesitate to call

Sincerely,

Wendy Rivers
Executive Director

Please use this letter for tax purposes. Big Brothers Big Sisters of the High Point YMCA is a tax exempt 501©(3) agency (no. 56-05300114).

I'm doing well Parker, thanks. I hope you have a great new year!
Thanks for all you are doing for our youth.



August 8, 2001

Erin McArthy WKZL-FM 192 E. Lewis Street Greensboro, NC 27406

Dear Erin,

We cannot thank you and WKZL-FM enough for serving as our radio sponsor of the August After Work Network. The event was a huge success with over 200 attendees! Thank you for the radio coverage and for the fabulous prizes! We saw so many new faces at this After Work Network because of the radio spots.

We would love to invite you back to be our radio sponsor for the After Work Network on Tuesday, November 13 at MacThrift Office Furniture. Please contact Renea Paschal at 378-6350 if you are interested.

Once again, thank you for your generosity and assistance in publicizing this event.

Sincerely,

Kathy Andren

Assistant Operations Manager

Greater Greensboro Merchants Association



June 15, 2001

Dick Broadcasting CO. 107.5 KZL One 92. E. Lewis Street Greensboro, NC 27406 Att. Bret Cogan

Dear Bret Cogan and 107.5 KZL,

The Greensboro Youth Council would like to thank you for the support you gave to our organization for the GYC Carnival: Greensboro's Family Fair. Although the GYC Carnival has many exciting events happening during the week, including entertainment, food, and of course, the rides the support of radio stations is crucial to the successfulness of our event. Thanks, in large part to your radio station, we reached and passed our goal of \$100,000. The Live Remote was amazing and made our Friday evening a huge hit.

As you may know, the GYC Carnival is the Greensboro Youth Council's annual fundraiser, helping to support the many community service programs that we do throughout the year. In addition, over 200 high school students from Guilford County volunteer their time and talent to make this event happen and it is the largest, youth-run event in the state!

Again, we are grateful for the support of the people like you who make our programs possible. If you have any questions or need additional information on any of our programs, please call us at 373-2733.

P O BOX 3136

**GREENSBORO** 

YOUTH

**PARKS** 

AND

RECREATION

GREENSBORO

NORTH

CAROLINA

27402-3136

Jenny Caviness, Coordinator Greensboro Youth Council Parks and Recreation Department



819 North Main Street P O Box 627 High Point, NC 27261 Ph (336) 882-4167 FAX (336) 882-2043 Wenbbbs@infoave net

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Allen Purser Chair Elect September 19, 2000

Sandra Dunn Secretary Dick Broadcasting Co Attn: Parker Collins One 92 E Lewis Street Greensboro, NC 27406

Mark Baker *Treasurer* 

Dear Parker.

Terri Tysinger Past Chair

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Wendy Rivers
Executive Director

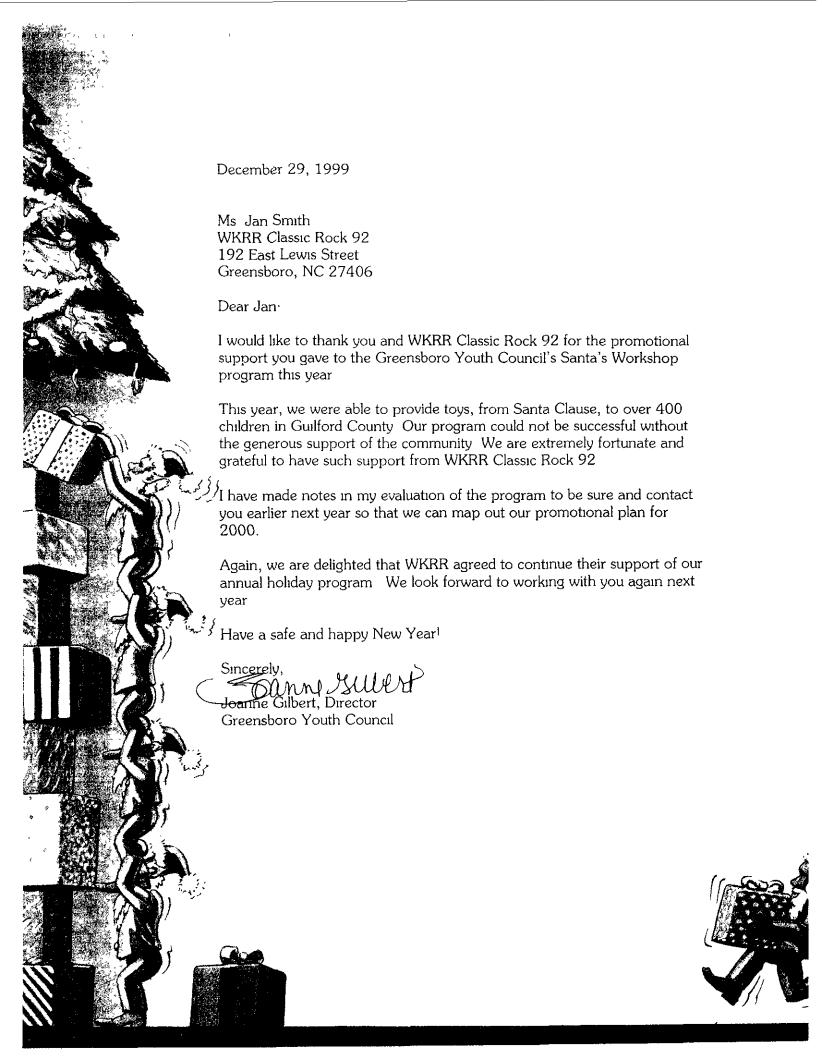
We at Big Brothers Big Sisters would like to thank you and Dick Broadcasting for all that you have been doing for us. We had a record number of volunteers this past year and things still have not slowed down. Our waiting list is slowly dwindling and it is a wonderful change

Again thank you guys for all that you do for us, our youth, and our community. We are grateful and owe part of recent success to you. If you need anything, please don't hesitate to call

Sincerely,

Wendy R. Kıveıs

Executive Director





October 4, 1999

Ms. Jennifer Hart Dick Broadcasting Company P O. Box 36070 Greensboro, NC 27416-6070

Dear Jennifer

I want to extend a personal thanks to you and Dick Broadcasting Company for the numerous radio spots that were provided for the rabies vaccination campaign. There were 822 animals vaccinated through the clinics

Because of friends like you, the community is a better place for all of us

Again, thanks for all you did to publicize the clinics Take care and I hope to see you or hear from you in the near future

Sincerely,

Kenneth L. Carter, R. S

Director, Environmental Health